



Western Mennonite School

FEATURE OF THE MONTH

Truitt Bros. & Central Bean Company

We are pleased to offer locally sourced beans from Truitt Brothers this month! Truitt Bros. beans are sustainably grown by family-owned Central Bean Company in Quincy, Washington, which is Food Alliance Certified. In 2010, the company was recognized as one of Oregon's leaders in sustainable approaches to business.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Lunch: (V) Mac and Cheese, fresh fruit, and veggies</p>	<p>3</p> <p>Lunch: Chicken Enchiladas Verde, fresh fruit, and veggies</p>	<p>4</p> <p>Lunch: Chicken Pasta Alfredo, WG Garlic Bread, fresh fruit, and veggies</p>	<p>5</p> <p>Lunch: (V, GF, DF) Curried Chickpeas & Rice, fresh fruit, and veggies</p>	<p>6</p> <p>Lunch: (DF) Breaded Chicken Breast Sandwich, fresh fruit, and veggies</p>
<p>9</p> <p>Lunch: (V) Mozzarella Pasta Bake, Whole Grain Breadstick 2oz, fresh fruit, and veggies</p>	<p>10</p> <p>Lunch: Chicken Fajitas, fresh fruit, and veggies</p>	<p>11</p> <p>Lunch: Chicken Stuffing & Gravy, WG Garlic Bread, fresh fruit, and veggies</p>	<p>12</p> <p>Lunch: (V, GF, DF) Egg Fried Rice, fresh fruit, and veggies</p>	<p>13</p> <p>Lunch: (V) Traditional Pizza Bagel, Ranch, fresh fruit, and veggies, and veggies</p>
<p>16</p> <p>Lunch: Meaty Lasagna, fresh fruit, and veggies</p>	<p>17</p> <p>Lunch: (V, DF) Waffle Breakfast, Fruit Spread - Strawberry, fresh fruit, Roasted Potatoes</p>	<p>18</p> <p>Lunch: (DF) Teriyaki Chicken with Rice, fresh fruit, and veggies</p>	<p>19</p> <p>Lunch: (DF) Chicken Bites, fresh fruit, and veggies</p>	<p>20</p> <p>Lunch: Pepperoni Pizza Bagel, fresh fruit, and veggies</p>
<p>23</p> <p>Lunch: Meaty Chili, WG Cornbread Muffin, fresh fruit, and veggies</p>	<p>24</p> <p>Lunch: (V) Sweet Thai Veggie Stir-fry, fresh fruit, and veggies</p>	<p>25</p> <p>Lunch: (V) Bean and Cheese Burrito, fresh fruit, and veggies</p>	<p>26</p> <p>Lunch: (DF) Meaty Spaghetti, Ranch, WG Garlic Bread, fresh fruit, and veggies, and veggies</p>	<p>27</p> <p>Lunch: (DF) Turkey Hot Dog, fresh fruit, and veggies</p>
<p>30</p> <p>Lunch: (V) Mac and Cheese, fresh fruit, and veggies</p>	<p>31</p> <p>Lunch: (DF) BBQ Chicken Sandwich, fresh fruit, and veggies</p>			

DF - Dairy Free

GF - Gluten Free

V - Vegetarian

ALL MEALS ARE SERVED WITH FRESH FRUITS AND VEGETABLES
ALL MEALS ARE SERVED WITH A VARIETY OF MILK

The USDA and Western Mennonite School are equal opportunity providers.